



# Get an hour of results in just **15 minutes**

# and **lose weight fast**



Do fewer repetitions but reap the rewards of thousands more just by performing your exercises on a WAVE whole-body vibration machine—at home or at the spa. By using WAVE for just 15 minutes three times a week, you'll not only accelerate weight loss, you'll also improve lymphatic drainage and increase circulation, speed up cellulite reduction, detoxification and toning of your skin.

WAVE does it with its unique, advanced Vertical Controlled Vibration (VCV)—gentle high-frequency vibrations that make your muscles contract and relax 20-50 times per second, thereby multiplying the effect of every move you make. And WAVE does it without the joint-jarring “shake, rattle and roll” of alternative machines.

**Find out more. Call, click or email us today.**

866-420-7546 (toll-free)  
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## WAVE<sup>®</sup> PROelite

WHOLE-BODY ADVANCED VIBRATION EXERCISE

Spa unit is 65 inches high.  
Home unit is smaller.

Home unit comes with instructional DVD.  
Spa unit (shown) comes with on-screen virtual trainer.

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